The Apunipima Model of Care program logic demonstrates how implementation of the five core principles will empower Aboriginal and/or Torres Strait Islander individuals, families and communities to direct health service planning, design, delivery, research and evaluation in Cape York. This will lead to increased service access, utilisation and satisfaction with health service delivery. The end result will be improved health outcomes producing strong, well, capable and healthy communities and healthy generations.

**SUMMARY OF APUNIPIMA MODEL OF CARE PROGRAM LOGIC**

**LOCAL KNOWLEDGE & DIRECTION**
- Structural and Systematic reform
- Comprehensive Primary Health Care
- Empowered
- Access
- Increased Services

**EVIDENCE BASED & BEST PRACTICE CARE**
- Evidence-based, Best Practice Care
- Knowledge & Direction
- Local Knowledge & Direction
- Best Practice Care
- Increased Services

**POLITICAL WILL AND ACTION TO ADDRESS SOCIAL DETERMINANTS**
- Political Will & Action
- Knowledge & Direction
- Wellbeing, Connectedness, Utilisation, Access, Care
- Community, Families, Clients

**HEALTH IMPROVEMENT**
- • Strong communities
- • Healthy communities
- • Empower Aboriginal and/or Torres Strait Islander Peoples
- • Healthy generations

**MODE OF CARE**
- • Holistic approach to maintaining health and providing care
- • Empowerment
- • Accountability
- • Integrity
- • Respect

**KNOWLEDGE & DIRECTION**
- • Connectedness
- • Satisfaction
- • Utilisation
- • Access
- • Improved Services

**EVIDENCE BASED & BEST PRACTICE CARE**
- • Empower Aboriginal and/or Torres Strait Islander Peoples
- • Physical approach to maintaining health and providing care
- • Consultative
- • Informed
- • Respect

**APU 5036 V1**

**APUNIPIMA CAPE YORK HEALTH COUNCIL**

**APUNIPIMA CAPE YORK HEALTH COUNCIL**

**INTRODUCTION**

The Board and Membership of Apunipima Cape York Health Council have a clear vision for the future.

**VISION**

The Apunipima Way is a philosophy of service planning and delivery for the people to the people. It underpins the way Apunipima approaches and carries out its business.

**MISSION**

The Apunipima Way is a philosophy of service planning and delivery for the people to the people. It underpins the way Apunipima approaches and carries out its business.

**THE APUNIPIMA WAY**

The Apunipima Way means

- Respect
- Accountability
- Family centred
- Holistic approach to maintaining health and providing care

**THE ANUPUNIMA WAY**

The Apunipima Way means

- Having the means by which every person might achieve their full potential
- Having control over their lives and future
- Participating in decisions that affect them
- Having a choice in determining how their rights are governed and their development paths

**THE BOARD AND MEMBERSHIP OF APUNIPIMA CAPE YORK HEALTH COUNCIL HAVE A CLEAR VISION FOR THE FUTURE:**

**VISION**

- Healthy generations
- Healthy communities
- Capable Communities
- Well communities

**MISSION**

- Connectedness
- Satisfaction
- Utilisation
- Access
- Increased Services

**THE APUNIPIMA WAY**

The Apunipima Way means

- Unique knowledge that contributes to an extensive and rich history, heritage, culture and knowledge of Aboriginal and/or Torres Strait Islander Peoples
- Traditions, culture, values, belief and practices
- Kinship connections to each other, the land, the sea and the ancestors
- Culture, attitudes and practices that any policies, interactions and initiatives to ensure that cultural attitudes must be respected to ensure the right to self-determination, cultural and social identity is maintained
- Traditions, culture, values, belief and practices that are informed, respectful and ethically sound
- Rights of Indigenous Peoples, 2007)

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The Apunipima Model of Care is grounded in the Apunipima Way and built on five core principles. The Model of Care identifies a process of care delivery that facilitates wellness and maintenance of good health.

**PRINCIPLE 1: Driven by Community and Aboriginal and/or Torres Strait Islander Leadership**
Aboriginal and/or Torres Strait Islander leadership and direction for health services in Cape York is achieved by:
- Developing capacity from the Apunipima membership in Cape York communities that sets the strategic planning and policy directions for the organisation.
- Supporting the Health Action Teams to provide community-based governance and protocols for the local health service.

**PRINCIPLE 2: Embedding Social, Emotional, Cultural, Environmental and Spiritual Wellbeing**
- Social, emotional, cultural, environmental and spiritual wellbeing are embedded in service delivery.
- Developing a comprehensive approach to engaging the community and being accountable to the health plans on the one hand and the oyster shell represent the cultural and spiritual wellbeing of an informed Cape York community.
- Supporting Local Health Action teams to provide community-based governance and protocols for the local health service.
- Implementing evidence-informed community health plans endorsed by the Health Action Teams.
- Employing Aboriginal and/or Torres Strait Islander health managers and leaders at strategic levels.
- Employing local community people as work staff and leaders.
- Developing culturally appropriate service models.
- Creating community-oriented, coaching environments and opportunities.
- Delivering care using a ‘health worker led’ and community informed approach to service provision.

**PRINCIPLE 3: Addressing Social and Cultural Determinants that Impact on Health**
- Social and cultural determinants that impact on health and wellness.
- Working collaboratively across staff including housing, education, employment and justice to address social and cultural determinants of health.
- Making decisions and solve problems abilities of families and communities to produce health outcomes that set the strategic planning and delivery of health care.
- Engaging community elders, traditional healers, and content experts.

**PRINCIPLE 4: Providing Comprehensive Primary Health Care Including Determinants that Impact Health**
- Engaging with local traditional owners.
- Providing health services where families are comfortable to come together.
- Using a multidisciplinary team approach to delivering evidence-based care.
- Supporting Local Health Action teams to provide community-based governance and protocols for the local health service.

**PRINCIPLE 5: Through a Community and Family Centred Approach**
- Providing holistic support to vulnerable groups, and promoting health equity.
- Working with individuals and families to deliver holistic support to vulnerable groups, and promoting health equity.
- Working collaboratively with key stakeholders and community legislators.
- Providing evidence-informed community health plans endorsed by the Health Action Teams.
- Engaging community elders, traditional healers, and content experts.
- Using a family centred approach to health care and delivery in Cape York communities.
- Engaging with local traditional owners.
- Providing health services where families are comfortable to come together.